## Mean Value Theorem for Integrals

Recall MVT...


## MVT for Integrals

If $f$ is integrable on $[a, b]$,
then $\exists$ some $c$ on $[a, b]$ such that

$$
\int_{a}^{b} f(x)=
$$



## - Example:

$f(x)=1+x^{2}$ on $[-1,2]$. Find the value of $c$ that satisfies the Mean Value Theorem for Integrals.


## Average Value of a Function

Recall that: value means $y$-value


If $f$ is integrable on $[a, b]$,
then

Average
Value of a =
Function


- Example:

Find the average value of $f(x)=\cos x$ on $\left[0, \frac{\pi}{2}\right]$.

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